

Everest Region TreksNepal

Everest Base Camp Luxury Trek – 13 Days



AMBITION HIMALAYA
TREKS & EXPEDITIONS PVT. LTD.

Duration
13 days

Activity level
Grade: Moderate

Includes
Meal, Accommodation and Transportation

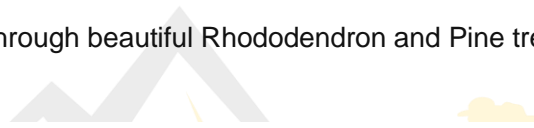
Group Size
2-10 People days

Max Altitude
5,545 m/18,187 ft

Arrival/Departure:
Kathmandu, Nepal

TRIP HIGHLIGHTS

- 1.Everest Base Camp Luxury Trek offers a sight of sunrise over the silver mountains from the top of Kala Patthar and Everest Base Camp
- 2.Nights in luxury hotels in Lukla, Namche Bazaar, Tengboche and other places
- 3.Fly out by Helicopter and enjoying the amazing sight of mountain peaks of Everest region.
- 4.Common view of Buddhist monasteries, traditional prayer flags along the path and traditional agricultural farms
- 5.Spotting endangered animals and birds in the Sagarmatha National Park
- 6.Taking the routes through beautiful Rhododendron and Pine tree forests



TRIP INTRODUCTION

Everest Base Camp Luxury Trek is the best trek to enjoy the view of Mt. Everest [8848 M] and several other snow-capped mountains. The Trek was famous among expedition lovers from the very first expedition of Sir Edmund Hillary and Tenzing Norgay Sherpa in 1953. The outing likewise incorporates acclimatization and a social trek into the beautiful Sherpa heartland of the Khumbu Valley. Everest Base Camp path offers the natural and cultural wonders of Nepal.

Another amazing component of the Everest Base Camp Luxury Trek is the chance to remain at the finest nearby extravagance hotels and experience the typical Himalayan way of life. Appreciate the wonderful landscape of the Himalayan range close to the Khumbu region with four of the world's six tallest pinnacles of Mt. Everest, Mt. Lhotse, Mt.

Makalu, and Cho Oyu transcending everything in sight. Other than trekking, take a look into the life of world celebrated climbers, the Sherpas. The Everest Luxury Trek additionally gives a colossal chance to study the world heritage site - Sagarmatha National Park which has an assortment of Himalayan vegetation and to investigate the most noteworthy Buddhist cloisters on the planet.

Our Everest Base Camp Luxury Lodge Trek starts with a touring voyage through the authentic and social landmarks in Kathmandu - the sanctuaries, places of worship, gompas, stupas, bazaars, avenues, and landmarks. The following day, set out toward an intriguing mountain flight to Hillary Airport at Lukla. Further, it will be a precarious rising to Namche Bazaar, the capital of the Sherpas, where we are welcomed by local Sherpas and our porters. We proceed with our trek following the trail to a well-known vantage point, Kala Patthar, which offers a wonderful 360-degree display of the Himalayas. In the wake of accomplishing our objective of Everest Base Camp, we trek down to Lukla for an arrival flight to Kathmandu.

Trip Route : Kathmandu-Lukla-Namche Bazaar- Tengboche -Everest Base Camp- Kalapatthar-Kathmandu

Best Month: September to December and March to May

Important Note:

The flight between Kathmandu and Lukla where the trek starts is generally reliable but if the weather is bad all flights will be delayed or canceled for the day. In the event the flight is canceled we will attempt to get you on a chartered helicopter but you are responsible

for the extra costs in this event which can range from \$200 to \$600 or more depending on the number of people on the flight.

We in some itinerary schedule one extra day into the trek already as a buffer day in case of delays and in some Itineraries do not have extra day after trek but as flights can at times be delayed for several days we suggest you add a couple of extra days at the end of your trip in case of any delays. Extra days should always be scheduled at the end of the trip and not the start.

Important Notes and Safety Concerns

Trekking is simply not just walking. Some of our trips are extremely adventurous and needs serious efforts to complete them successfully. We kindly request all our valuable guests to come well prepared before doing any of these extreme treks. Buying proper and reliable insurance coverage with Helicopter Evacuation on emergency is the most important thing before starting the adventures. Sometimes, our treks are done in extremely remote places where you will have no access to outer world. On serious injuries or sickness Helicopter can be the only mean to evacuate you. In other hand bad weather conditions can also ruin the whole adventures. So, we say

"Get prepared first and enjoy the adventure without worrying"



Day to Day Itinerary

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- **Day 01: Arriving in Kathmandu and transfer to Hotel by private vehicle.**



- Our representative will be waiting for you at Tribhuvan International Airport. Once we receive you, we will transport you to your respective Hotel. At the evening we will be welcoming you with typical Nepali dinner in Nepali restaurant and also you can enjoy Nepali dance program side by side

- **Day 02: Sightseeing in Kathmandu Valley and preparation for the**



- Today, we will have our breakfast in the morning and then make our way to explore Kathmandu Valley. There are a various attraction and spiritual attractions present in Kathmandu. OUR guide will be taking you the four famous world Heritage sites – Swayambhunath temple, Pashupatinath Temple, Boudhanath and Kathmandu Durbar square. These places are the most sacred places in Kathmandu. Along with sightseeing, we will also be taking blessing from these temples. At the evening, we will have a pre-trip discussion where every team members and leaders will gather around. We will be having a brief knowledge session regarding upcoming trek.

- **Day 03: Flight to Lukla (30-35 minutes) and trek to Phakding (2,652 mt. / 8,700ft), estimated walk 4 hours**



Early in the morning, we will have our breakfast and have to catch our flight to Lukla. Lukla is the most developed and considered as the gateway to Khumbu/Everest region. Your guides or porters (only if you booked one from the beginning) will be waiting for you at Lukla. In Lukla, we will have our lunch and make our way towards Phakding. To reach Phakding it takes around 3-4 hours of walk. On the way to Phakding, we will encounter local Sherpa village, where you can learn about their tradition and their stone walled agriculture farm. Phakding is a small village which has very few resources to offer for the trekkers/climbers. From Phakding you can have the clear view of Mt. Kusum Kangaru.

- **Day 04: Trek to Namche Bazaar (3,440 mt. / 11,283ft), estimated walk 5 - 6 hour**



- The destination for today will be beautiful Namche Bazaar. We will be following the tracks of Dudh Koshi river and may have to cross and recross it over a high suspension bridge and followed by Thado Khola en-route to Imja Valley. From there we will catch the first view of Mt. Thameserku (6618 M). Moving on we will pass through Benkar, Chumoa, Monjo village to enter to the gateway of Everest Base Camp i.e. UNESCO's world heritage site – Sagarmatha National Park. Here you will have to make your trekking permit checked to move forward. Continuing the path we will then enter the forest full of Rhododendron and Pine trees. After a long tiring uphill trail, we will have the first colorful view of Namche Bazaar. You have your very first sight of world's highest peak Mt. Everest. Namche Bazaar is the gateway to Mt. Everest and also considered as the main trading point of Everest region.

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- **Day 05: Hike to Syangboche (3,720 mt. / 12,204ft), estimated walk 3 - 4 hours**



- Today we will take a full day rest in Namche Bazaar to acclimatize your body to high altitude. You can explore the markets in Namche Bazaar and shop if you like any souvenirs from the place. We will then take a hike to Syangboche area. There we will be moving to Everest View Point Hotel. From the top you will have the most amazing view of mountains like Mt. Everest, Nuptse, Amadablam, Lhotse, Tobuche, Tawache and much more. Then you can pay a visit to the local museum where you can learn about Sherpa culture, rituals and their history.

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- **Day 06: Trek to Deboche (3,820 mt. / 12,532ft) estimated walk 4 -5 hours**



- Once we have our breakfast, we will follow the stone paved paths to Deboche. On the way, you can enjoy the superb view of mountains Mt. Everest, Nuptse, Lhotse, Ama Dablam and a close-up view of Thamserku etc. Moving on we will cross the Pangboche village and follow the trails of Dudh Koshi river. You will be capturing the sight of beautiful Rhododendron trees and many endangered animals on the way. Prayer flags can be seen all over the paths. We will stop in Phunki Thenga to have our lunch and after that, we will follow a steep trail to reach

Tengboche. Walking through the dense forest in surrounding then we will finally reach Deboche. Overnight stay at Deboche.

- **Day 07: Trek to Pheriche (4,240 mt. / 13,910ft) estimated walk 4 - 5 hours**



- The trekking routes take around 4-5 hours to reach to Pheriche. The path offers you with many exciting views of forest filled with beautiful vegetation, waterfalls, and endangered animals. On the way, you can encounter ancient Buddhist monasteries and footsteps of Lama in old mud plastered stupa. After taking a short uphill trail we will reach Pheriche after 4-5 hours of trek. We will spend our night in Pheriche.

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- **Day 08: Acclimatization day at Pheriche**



- Today you will have the full day to rest and acclimatize your health with high altitude. You can consult with your guide to spend your day at Pheriche. You can explore generous Sherpa hospitality and beautiful views of mountains in Pheriche.

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- **Day 09: Trek to Lobuche (4,910 mt. / 16,108ft), estimated walk 4 - 5 hours**



- Today our journey will be towards Lobuche. The path is totally uphill and dangerous. On the way, you will see the gravestones of many people who died attempting to conquer different mountains of Everest region and including Mt. Everest. Following the trails, it will drop to moraines of Khumbu glacier and you will find yourself right in front of Khumbutse, Lingtren, Pumori and Mahalangur Himal. Moving on we will be little out of the air as because of the height we are moving. We will have our overnight stay at Lobuche.

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- **Day 10: Trek to Gorakshep (5,140 mt. / 16,863ft) and Hike to Kala Patthar (5,550 mt.) in the evening**

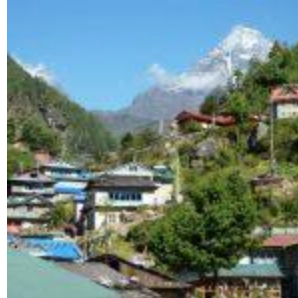


- After having breakfast in the morning we will move to Gorakshep. The path will now become dangerous and riskier. As we take uphill trails the air starts to become thin and altitude starts to increase. Once we will reach Gorakshep then we will have a hike to Kalapatthar in the evening. The name Kalapatthar was formed because there is only black rocks available and no snow. From the top of Kalapatthar, you can have the panoramic view of mountains including

Mt. Everest, Amadablam, Lhotse, Cho Oyu, Nuptse, Tobuche and other small mountain peaks.

We will spend our night in Gorakshep.

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- **Day 11: Trek to the Everest Base Camp (5,320 mt. / 17,450ft) and fly out by Helicopter**



- Today we will make our way towards Everest Base Camp. The path is dangerous and riskier in comparison to other days trek. We will be taking the uphill trail where the air is thin and the altitude is high. We will have to walk on the moraines of Khumbu Glacier – one of the giant glaciers in the world. Once we reach the top of Everest Base Camp you can see the many graveyards. Those are of people who were unsuccessful while making the climb to mountains in Everest region and Mt. Everest itself. But placing all the risk factors aside you will have the most amazing view of Mt. Everest and other mountains Nuptse, Pumori, Chagatse, Lhotse and countless others. The top will give you the experience of your lifetime. After our peaceful moment in Everest Base Camp, we will be taking our flight back by Helicopter. By the evening we will reach to Kathmandu

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- **Day 12: Leisure day in Kathmandu the last day shopping**



- Today will have the full day to rest and gather your strength after trekking. If you feel you have enough energy, you can explore the streets of Kathmandu. You can go shopping and take your guide with you to accompany in the streets. You can buy souvenirs for your loved ones to remember the place and the memories attached to it.

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- **Day 13: Departure day or extend your trip**



- The last day at Kathmandu. You will be transported to Airport by our representative in private vehicle. For there you will be departing back to your own place.

Inclusion

Transportation

By Bus and Jeep

Accommodations

Hotel and Lodge

Food

Breakfast, Dinner

What's Included

- Pickup from an airport by our representative and transfer to the Hotel room by private deluxe vehicle before and after the trek.
- Accommodation – 4 nights stay in 5 star Hotel with breakfast.
- A day to explore Kathmandu by private deluxe vehicle and with guide
- Includes all the domestic airfare taxes.
- Trekking permits and documents necessary.
- Full day meal plan consisting of 3 meals (Breakfast, lunch and dinner) and hot drinks per day.
- Fruits available as per the season will be provided after night meal.
- Well trained guide for trekking along with their salary and transportation costs, foods, accommodations, and insurance.
- For groups over 6 people – assistant guide (includes salary, accommodation, meal, and insurance)
- Porters throughout the trek (1 porter will carry 2 trekkers baggage), includes salary, food, accommodation, and transportation.
- Basic equipment for trekking such as down jacket, sleeping bag, duffel bag and Himalaya t-shirt which must be returned after completing the trek.
- First aid kit with the expert hand.
- Expedition taxes, paper works, and company service charges for the trek.
- A traditional welcome dinner in typical Nepali restaurant at the time of arrival.
- Certificate of achievement can be prepared along with the signature of company director and your local guide (only if requested).

What's Excluded

- Excludes overseas airfares such as visa fees (\$ 25 for 15 days, \$ 40 for 30 days and \$ 100 for 90 days),
- Travel, emergency rescue charge and insurance.
- Sightseeing entrance entrance fees.
- Besides food and Drinks per day and cold drinking and beverages, telephone bills, laundry charges, shower fees are excluded.
- Wifi Charger, Battery charging bill during the trek are off the package.
- Activities not mentioned in itinerary and extra porter charge also.
- Meals costs for the stay in Kathmandu even if the early return from the trek.
- Extra costs caused by natural disaster, flight delay, early arrival etc.
- Extra incentives such as tips, gifts, gratuities for the guides or porters.
- Any benefits not mentioned in Service Includes Section unless indicated on booking of the trekking.

Contact Us

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